

# THE KEYSTONE

## SPECIAL EDITION

### *From the Director's Desk.....*

March Madness is officially here! I've heard more than once in the past few days that March Madness is the best time of the year. By far, the best time of year, according to many. They may be right. A huge number of fans will have completed their tournament bracket by the time this article is published. It's estimated that 70 million brackets will be filled out and that number is growing each year. <http://ble.ac/2pdUuwg>

What is it about March Madness that is such a huge draw? There are 3 Kansas teams in the tournament so that helps. The tournament provides some great entertainment that's for sure. The tournament gives all of us an opportunity to participate, too, by completing a bracket and tracking our favorite teams. Some of us may even win a few dollars along the way. There are lots of great reasons that make March Madness what it is. So many in fact, that sometimes we miss the teachable moments along the way.

Consider: 6 games played, 223 missed shots, 68 turnovers, 106 personal fouls, 52 missed free throws, 6 wins. That's the story behind last year's tournament winner. Recently, these stats have been circulating via social media, viral emails etc., and that's a very good thing. It's a reminder that reaching our goals doesn't come without setbacks along the way. It's a reminder that it's not our mistakes, not the setbacks or missed opportunities that we encounter that define us.

For those of us who make mistakes and have to work through setbacks, that is some really great news!

Andy

Issue 7, March, 2018

Keystone Learning Services

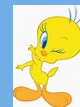
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Find us on Facebook  
(Keystone Learning Services) and



Twitter  
@KeystoneLeading

And for JDLA's Twitter:  
@JDLA\_KLS

Keystone Learning Services  
OFFICE HOURS  
8:00 a.m. - 4:30 p.m.  
Monday - Friday



## Important Upcoming Events



**March 19 through 23-Spring Break Week for All Districts and JDLA**

NOTE: Keystone Learning Services offices will remain open this week with regular office hours

**March 26-Assistive Tech Meeting 1-3**

**March 27-Speech Pathologists Meeting 8-11**

**March 28-Tiny k Playgroup 3:30-4:30**

**March 29-Mentor/Mentee Meeting 8:30-11:30**

**March 30-Keystone Offices Closed; JDLA Closed; All districts Closed (Easter Holiday)**

**April 2-JDLA No School; Keystone Office Staff Meeting 8:15 a.m.**

**April 3-Bookshare Speech Pathologists Meeting 8 a.m.; WebKIDSS Team Meeting 10-4; PDC Meeting 4-5**

**April 4-Autism Team Meeting 2-4**

**April 10-Superintendent Advisory Council Meeting 12:00 p.m.**

**April 11- Tiny k Playgroup 3:30-4:30**

**April 13-Early Childhood Staff Meeting 1-4**

**April 17-School Psychologists/Social Worker's Mtg 8:30-11:30; WebKIDSS Team Mtg 10-4**

**April 18-Keystone Board of Director's Meeting 7 p.m.**



“It was one of those March days when the sun shines hot and the wind blows cold: when it is summer in the light, and winter in the shade.”

– **Charles Dickens, Great Expectations**

# SCIENCE FAIR

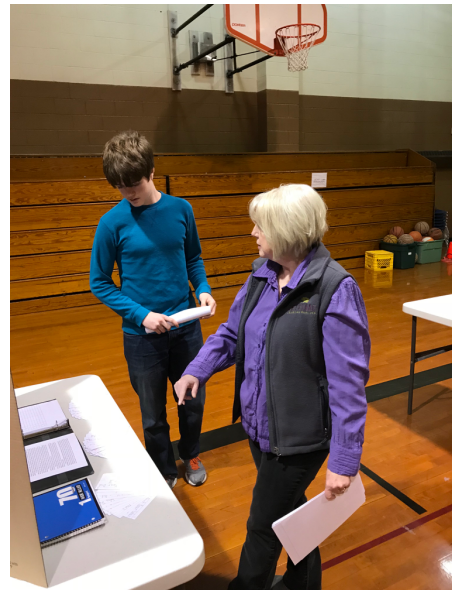
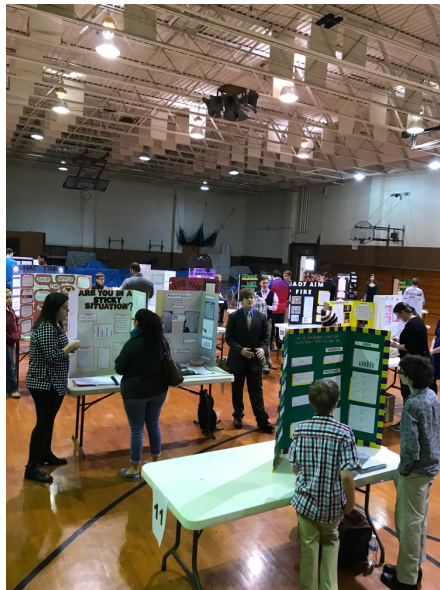
## Regional Science and Engineering Fair

On Saturday, March 3, 2018, Keystone Learning Services hosted the sixth annual Regional Science and Engineering Fair at Ozawkie. Students from area schools displayed their projects hoping to earn an invitation to the State Science and Engineering Fair at the Cessna Activity Center in Wichita, Kansas on April 6, 2018.

Over 39 projects were displayed which ranged from determining which battery lasts longer in a certain flashlight, showing reasons why it is important not to smoke, to determining which microwave popcorn brand gave the best value for the cost. Students had to follow the Scientific Method while performing their experiment, write a scientific research paper, and then display their results on a trifold poster board. Each student then had to present their projects and also answer questions from three separate judges as part of the evaluation process. The judges' scores were averaged, and if they received a qualifying score, then qualified to take the project to the Kansas State Science and Engineering Fair in Wichita.

Students had to receive an average score above 45 out of 60 in order to qualify for the State competition. Many of the students qualified! Super Job!

Students from the Topeka area are welcome to join this event held in late February or early March. Students must attend the Regional Fair to qualify for entry into the State Science and Engineering Fair. For more information contact Chris Twenhafel at [twenhafel@keystonelarning.org](mailto:twenhafel@keystonelarning.org) or <http://sylmicro.com/kssef/>





### **Current Open Positions at Keystone Learning Services**

*JDLA Interrelated Teacher – Language Arts*  
*McLouth Middle School Teacher*  
*Jeff West Early Childhood Special Education Teacher*  
*Gifted Teacher*  
*School Psychologist*

*Parent Educator – Atchison*

*Northeast Kansas Tiny k Support Staff*  
*Northeast Kansas Tiny k Early Interventionist*

*Kansas MTSS State Trainer*

*TASN Autism and Tertiary Behavior Supports Trainer/Consultant*  
*TASN School Mental Health Systems-Level Trainer*  
*TASN School Mental Health Systems Half Time Consultant*

*Para-educator openings in most districts and JDLA*

If you have interest in any of these positions, please notify Lushena Newman at  
[newman@keystonelearning.org](mailto:newman@keystonelearning.org) or call 785-876-2214 today!

Keystone Learning Services is an EOE



## Kansas Association of School Boards

### March



### Work Related Stress

Stress is the adverse reaction people have to excessive pressure or other types of demand placed on them. It can be caused by things at work or by things outside of work, or both. Work related stress is not an illness, but it can lead to increased problems with ill health if it is prolonged or particularly intense. Stress can contribute to heart disease, back pain, anxiety, depression, and gastrointestinal disturbances, among other minor illnesses.

#### **You can help reduce work related stress by:**

- Talk to your supervisor. If they do not know there is a problem, they can't help.
- Try to channel your energy into solving the problem rather than just worrying about it. Think about what would make you happier at work and discuss this with your supervisor.
- See if your school district's counseling or employee assistance service can help.

#### **You can help reduce stress in general by:**

- Eating healthier.
- Limit your alcohol consumption. Alcohol acts as a depressant and will not help you tackle the problem.
- Watch your caffeine intake. Tea, coffee, and some soft drinks may contribute to making you feel more anxious.
- Be physically active. It stimulates you and gives you more energy.
- Try learning relaxation techniques. Some people find it helps them cope with pressures in the short term.

Stress does not have to be debilitating. If addressed early and correctly it can actually lead to very positive results. The key is identifying stress before it becomes a problem and having an honest and open discussion about how to correct it with your supervisor.



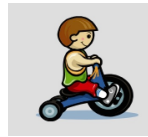
To **schedule a meeting** in the large conference room or the small meeting room at Keystone, please contact Linda K. Chalker [lindak@keystonelearning.org](mailto:lindak@keystonelearning.org)

#### **Submit Your News!**

If you have anything you would like to submit, please email Linda K. Chalker at [lindak@keystonelearning.org](mailto:lindak@keystonelearning.org). The deadline for article/news submission will be by the 12<sup>th</sup> day of each month. Exceptions can be made. 😊 Approved photos, stories and poetry are welcome!



Count Your Kid In!



## FREE INFANT and PRESCHOOL SCREENING CLINICS

March 16-Nortonville

April 20-Easton

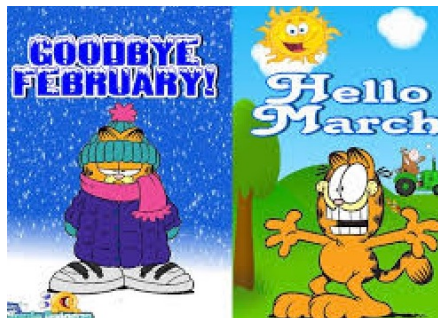
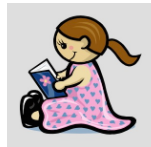
May 11-Lecompton

Keystone Learning Services and the Jefferson County Health Department offer Count Your Kid In clinics throughout the school year for infants and preschool children, free of charge. If you have concerns about your child's development, this free screening will provide help for children 0-5 years of age. Children are screened in areas of speech/language development, motor development, concept development, social skills, vision and hearing. Trained professionals in these areas will screen your child. Screenings take place in local community settings and last approximately 1½ hours. Contact Lesa Brose at Keystone Learning Services at 785-876-2214 ext. 201 to schedule an appointment.

### February Screening Information

**WHEN: Friday, March 16, 2018**

**WHERE: Nortonville Christian Church, 19861 Osage Road,  
Nortonville, KS 66060**



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