

# THE KEYSTONE

## Special Edition

### *From the Director's Desk.....*

The 12<sup>th</sup> Annual Kansas Infinitec Coalition Outstanding Student Technology Awards Luncheon was held in Wichita on Friday, Nov. 30th. Each year, a small group of students from across the state are singled out to be recognized for their advancements through the use of assistive technology. The event is a very powerful one in the lives of the students who are honored and serves as a reminder of what can be achieved when students, parents, teachers, and related service providers work together. One of our Keystone students from Oskaloosa was honored at this year's event! Our congratulations go out to Kameron Duckworth and the team of dedicated professionals and his family for making this happen! Watch for more info about Kameron and his accomplishments in the January newsletter.

The work of the Kansas Infinitec Coalition goes beyond its important efforts to identify and honor students who overcome significant barriers to achievement through the use of assistive technology. KIC provides educators in Kansas with access to resources, information, and training on state-of-the-art assistive technology, Universal Design for Learning, technology-based resources, and much, much more. In fact, over 600 presentations are available in the Infinitec Online Classroom. Through Infinitec all school districts in Kansas have access to InfiniTEXT, a repository of digital learning resources to support students with print disabilities. The repository currently houses more than 48,000 files and more than 3,000 complete textbooks/novels. You can find more info at [www.ksdetasn.org/infinitec](http://www.ksdetasn.org/infinitec) or [www.myinfinitec.org/home](http://www.myinfinitec.org/home). Our Infinitec contact here at Keystone is Cindy Malone. Connect with Cindy through the Keystone office or via email at [cmalone@keystonelearning.org](mailto:cmalone@keystonelearning.org)

Thanks for all you do. Andy

### ISSUE 4, DECEMBER, 2018

#### Keystone Learning Services

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785-876-2214

[www.keystonelearning.org](http://www.keystonelearning.org)

#### GET CONNECTED!

Find us on Facebook  
(Keystone Learning Services)  
and



Twitter  
@KeystoneLeading

And for JDLA's Twitter:  
@JDLA\_KLS

#### Keystone Learning Services OFFICE HOURS

8:00 a.m. - 4:30 p.m.  
Monday - Friday





- Dec. 4- Speech Language Pathologist Meeting 8:30-11:30; PDC 3:30
- Dec. 6-Suicide Prevention Awareness Meeting at Valley Falls District 6:30-8:30 pm
- Dec. 10-CPI Training 8-3
- Dec. 11- PAT Advisory Board/Liaison Meeting 10-11:30; Superintendent Council 12:00
- Dec. 14-CPI Renewal Training 8-12; Count Your Kid In at Valley Falls
- Dec. 18--School Psychs/Social Workers Meeting 8:30-11:30
- Dec. 19-Keystone Board of Directors Meeting 7 p.m.
- Dec. 21-JDLA No School for Students; Teacher Workday
- Dec. 24 through Jan. 1-Keystone Offices CLOSED
- Dec. 24 through Jan 7-JDLA No School; Teacher Workday Jan. 7

## WEATHER RELATED SCHOOL CLOSING INFO FOR KEYSTONE EMPLOYEES!

Keystone employees who are employed at a school district should follow their district's decision regarding school closings during inclement weather. If your school is closed, you are not required to report. Paraeducators may use personal days (without prior approval) on inclement weather days or other emergency days that schools are closed. Sick leave is not allowed to be taken on a snow day without prior approval, such as being on family medical leave prior to the snow day. If USD 341 Oskaloosa school district is closed, the Keystone Ozawkie and Oskaloosa office locations will also be closed. Please note: If the Ozawkie office has closed due to bad weather, any meetings scheduled for that day in Ozawkie are automatically cancelled as well.



## NEWS FROM THE OFFICE

### Food Service

We have some exciting news! The kitchen at the Keystone Ozawkie location, which serves the JDLA program, was awarded a grant for new kitchen equipment. With the help of many folks, the kitchen will be getting a new cold serving bar (salad bar), mobile warmer/proofer, and a gas range stove. These items will be a nice update and allow Ms. Wanda Collins to prepare amazing meals!



### WebKIDSS

Khrystyan Masters needs all IEP's and progress reports done by December 15<sup>th</sup>. If anyone has any questions, please email Khrystyan at [kmasters@keystonelearning.org](mailto:kmasters@keystonelearning.org).



### Medicaid Update

Keep up the good work on the Medicaid logs! Administration will be contacting everyone soon so be on the lookout.

~Lisa Morando

### Professional Staff Inservice Agenda

January 21, 2019

Location: Perry Lecompton School District

8:15 AM Busses begin arriving at Perry Lecompton School District

8:45 AM Keynote Session - Gerry Brooks

10:00 AM Break

10:20 AM Job/grade level alike collaboration

11:30 AM LUNCH - in PLMS gym

12:15 PM Keystone Break-out session

1:10 PM Keystone Break-out session

2:05 PM Keystone Break-out session

3:00 - END of DAY - districts head home



**Teacher Training**





## What is attention deficit deficit/hyperactivity disorder, or ADHD?

ADHD is a common mental disorder that begins in childhood and can continue through adolescence and adulthood. It makes it hard for a child to focus and pay attention. Some children may be hyperactive or have trouble being patient. For children with ADHD, levels of inattention, hyperactivity, and impulsive behaviors are greater than for other children in their age group. ADHD can make it hard for a child to do well in school or behave at home or in the community. ADHD can be treated. Doctors and specialists can help.

## How do children with ADHD get better?

Children with ADHD can get better with treatment, but there is no cure. There are three basic types of treatment:

- 1. Medication. Several medications can help. The most common types are called stimulants. Medications help children focus, learn, and stay calm. Sometimes medications cause side effects, such as sleep problems or stomachaches. Your child may need to try a few medications to see which one works best. It's important that you and your doctor watch your child closely while he or she is taking medicine.
- 2. Therapy. There are different kinds of therapy. Behavioral therapy can help teach children to control their behavior so they can do better at school and at home.
- 3. Medication and therapy combined. Many children do well with both medication and therapy.

## How can I help my child?

Give your child guidance and understanding. A specialist can show you how to help your child make positive changes. Supporting your child helps everyone in your family. Also, talk to your child's teachers. Some children with ADHD can get special education services.

## How does ADHD affect teens?

Being a teenager isn't always easy. Teens with ADHD can have a tough time. While hyperactivity tends to get better as a child becomes a teen, problems with inattention, disorganization, and poor impulse control often continue through the teen years and into adulthood. School may be a struggle, and some teens take too many risks or break rules. But like children with ADHD, teens can improve with treatment.

## What can I do for my teen with ADHD?

Support your teen. Set clear rules for him or her to follow. Try not to punish your teen every time he or she breaks the rules. Let your teen know you can help.

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**Reminders** for heading into cold and flu season: Wash hands with soap and water or use sanitizer frequently. Disinfect table tops, desks, and door knobs. Cough into elbow or shoulder instead of hands. If running a fever, vomiting, or diarrhea, stay home from school or work. Contact a doctor if severe symptoms persist. Stay well hydrated and eat a well-balanced diet. It's not too late to get your flu shot...

**Top 5 most virus contaminated areas in the home:** 1. Telephones 2. TV remotes 3. Appliances 4. Faucets 5. Light switches/door handles







**Thursday December 6<sup>th</sup> 6:30 – 8:30pm**

**Valley Falls High School Band Room**

*Refreshments provided by the VF PTO*

- **Join the COMMUNITY discussion about SUICIDE PREVENTION. We can stop Suicide!**
  - Monica Kurz, Director of the Kansas Suicide Prevention Resource Center will lead the discussion.
    - Ages 15 and up are welcome to come
    - This is a FREE event, please bring a friend
  - suicideTALK: is a 90-minute suicide awareness session that helps participants understand the issue of suicide and how they can help to prevent it in their communities.



Additional Community Opportunities

1/30 Ozawie 6:30 – 8:30 Keystone Conference Room  
2/4 Perry 6:30 – 8:30 Highland Community College

Sponsored by the Jefferson County Alliance of Service Councils, INC  
Suicide Prevention Taskforce

Email: [jeffcokssuicideprevention@gmail.com](mailto:jeffcokssuicideprevention@gmail.com)



**The JDLA Thanksgiving lunch** was held on Thursday, November 15<sup>th</sup> at the school's gymnasium in Ozawkie. This year's feast brought students, their families, JDLA teachers/staff (who cooked), office staff, board members, district administrators and members of our local law enforcement together to give thanks & gratitude. A great big THANK YOU to all who donated both money and time for this *SUPER* delicious meal!





## Count Your Kid In!

December 14-Valley Falls

January 18-McLouth

February 22-Effingham

March 29-Nortonville

April 26-Easton

May 10-Lecompton



## FREE INFANT and PRESCHOOL SCREENING CLINICS

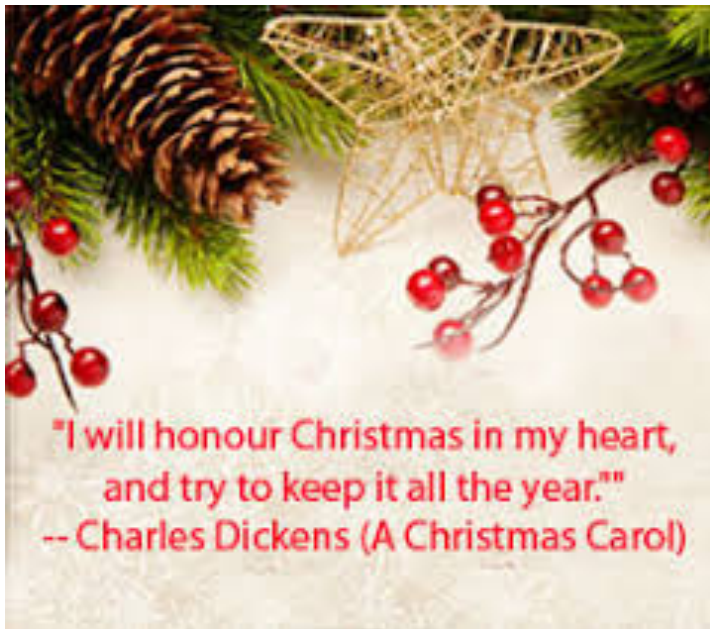
Keystone Learning Services and the Jefferson County Health Department offer Count Your Kid In clinics throughout the school year for infants and preschool children, free of charge. If you have concerns about your child's development, this free screening will provide help for children 0-5 years of age. Children are screened in areas of speech/language development, motor development, concept development, social skills, vision and hearing. Trained professionals in these areas will screen your child. Screenings take place in local community settings and last approximately 1½ hours. Contact Lesa Brose at Keystone Learning Services at 785-876-2214 ext. 201 to schedule an appointment.



### December Screening Information

**WHEN:** Friday, December 14, 2018

**WHERE:** Christian Church in Valley Falls, 511 Oak Street



"I will honour Christmas in my heart,  
and try to keep it all the year."  
-- Charles Dickens (A Christmas Carol)

Happy Holidays!



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