

# THE SPECIAL EDITION



## THIS MONTH

### Three Cheers for Progress!

It has been inspiring to see the progress our students are already making so early in the school year. Their growth is a true reflection of the dedication, creativity, and support our special education teams provide each and every day. Every new skill gained and every milestone achieved, big or small, is a celebration of their hard work and perseverance. Thank you for continuing to foster environments where students can thrive and for helping them reach their fullest potential.

Keystone Administration



## SPOTLIGHT



### Student Led IEPs - Erin Damme

This month we want to highlight Erin Damme for diving head first into student-led IEPs. Erin is working with her high school students to not only understand what is in their IEPs but also by having them present the information to the IEP team. Other team members commented on how they loved participating in the IEPs and what a success it has been. Keep up the great work, Erin!

# welcome



SKYLEY STRICKLER

HAILIE DOMANN

HANNAH BURKS

JESSICA OAKS

HANNAH HENRY

KIMI DOMME

JOSEPH DEVLIN

LINDSAY DOBBS

GLORIA WEAVER

JODI RAGAN

KARLA BROWN

JAMIE WILLIAMS

SIERA LANE

AUTUMN FLORY

ALLISON HAYES

DARYAN HOOPER

HAILEY WILLIAMS

AMANDA BURCH

LORI WAMPLER

SHAILEY LAWSON

WHITNEY ORTIZ

DANIELLE HILL

DAMEAN HATCHER

MIRANDA SCHMITZ

NIA DAVIS

AMY GILCHRIST

LORI BOYD

KATIE WILLIAMS

HEATHER ROENNE

BRITTANY JOHNSON



## Certified

### Special Education Teacher

- #339 - Jefferson County North
- #340 - Jeff West
- #341 - Oskaloosa
- #377 - Atchison County Community

### Social Worker

- #449 - Easton

## Classified

### Paraeducator

- #338 - Valley Falls
- #339 - Jefferson County North
- #340 - Jeff West
- #343 - Perry-Lecompton
- #377 - Atchison County Community
- #449 - Easton

**Refer a friend and receive \$100.00**

[www.keystonelearning.org](http://www.keystonelearning.org)





# Carve Out Time For Self-Care



 TAKE A 5-MINUTE WALK OUTSIDE TO ENJOY THE FALL COLORS AND BREATHE IN FRESH AIR.

 SWAP ONE SUGARY DRINK FOR WATER OR HERBAL TEA THIS WEEK.


 WRITE DOWN ONE THING YOU'RE GRATEFUL FOR EACH DAY TO SHIFT FOCUS TOWARD POSITIVES.

 UNPLUG FROM SCREENS 30 MINUTES BEFORE BED FOR BETTER REST.

 TRY A "MINDFUL MINUTE" — CLOSE YOUR EYES, TAKE 3 DEEP BREATHS, AND RESET.

 BRING A HEALTHY FALL SNACK (APPLE SLICES, ROASTED PUMPKIN SEEDS) TO WORK.

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 No Tricks, Just Support! Our Employee Assistance Program (EAP) is a sweet treat for staff, offering confidential counseling, financial and legal resources, and wellness tools, all at no cost.

<https://eap.lucethealth.com>

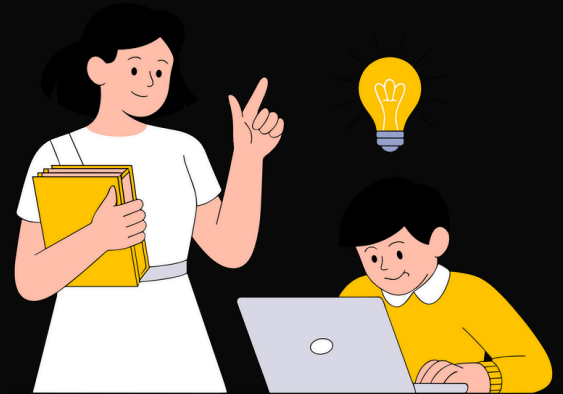
(800) 624-5544

Company Code = Keystone

# RESOURCE

## Understood.org

This website provides resources, strategies, and practical tools for educators who work with students who think differently. Some examples of the resources include: graphic organizers, checklists, and social/emotional supports. Find teaching strategies and tips to help students with learning disabilities and ADHD thrive in school.



October 1<sup>st</sup> - Mentor Training at Keystone  
October 7<sup>th</sup> - SLP team meeting at Keystone  
October 8<sup>th</sup> - Jefferson County Alliance Meeting  
October 14<sup>th</sup> - Superintendent Advisory Council at Keystone  
October 15<sup>th</sup> - Keystone Board Meeting  
October 21<sup>st</sup> - New Para Training at Keystone  
October 21<sup>st</sup> - School Psych meeting at Keystone  
October 28<sup>th</sup> - Social Work meeting at Keystone

## ASSISTIVE TECHNOLOGY

**Myth** 

Only AT professionals  
can provide AT  
devices and services



 **Fact**

IDEA requires a qualified individual in the  
LEA (general educator, special educator, or  
related service provider) provide AT



IDEAs  
that Work  
U.S. Office of Special  
Education Programs